

Bouldering 10 Commandments



- No chipping
- No wire brushing – use a nylon brush if cleaning holds

- Use bouldering mats to reduce ground erosion and vegetation damage
- Clean and dry your footwear to reduce rock damage
- No resin (pof)
- Minimise chalk use – brush away any excessive build up
- Dry wet holds with a towel or wait until a windy day – no blowtorching please
- Remove carpet patches or towels – they kill off vegetation and create a mess
- Take all litter home and follow the Countryside Code
- Leave vegetation in place – no gardening please



**British
Mountaineering
Council**

Working for Climbers,
Hill Walkers and
Mountaineers



Join the BMC today website: www.thebmc.co.uk tel: 0870 010 4878