

# Conditions of Use & Rules of The Climbing Works

## Risks

Please be aware that indoor climbing, even in a well-managed facility, is not risk-free. By climbing here, you acknowledge the following statement:

"The British Mountaineering Council recognises that climbing and mountaineering are activities with a danger of serious injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement."

- Climbing is movement at height and there is a risk that you could slip & fall at any time. Climbing beyond your capabilities on any wall is more likely to result in a fall.
- The soft matting under the bouldering walls does not make the activity safe. Broken and sprained limbs are common. Uncontrolled falls are likely to result in injuries to yourself or others, and even a well-controlled jump from height can result in injury. You must make your own assessment of the risks whenever you climb.
- Climbing holds can spin or break. This can cause you to fall unexpectedly and increases the risk of injury.
- When climbing you must always ensure your landing zone is clear. Obstructions in a climber's landing zone increase the risk of injury.
- When moving around the centre you must be aware of the location of other climbers and their landing zones and avoid obstructing them. Climbers may not always be visible; wall features like arches, corners and overhangs may obstruct your view. Proceed with caution when moving around the centre and get into the habit of looking up. Being landed on may result in significant injury to all parties involved.

## Conditions of Use

**Privacy** - In order to register you as a member or otherwise permit use of our facilities or services we need to record & store personal information. Providing us with this information is voluntary, but failure to do so may impair your use of our services or any interaction with you. Full details of our privacy notice can be found at reception or viewed online at [climbingworks.com/privacy-notice](http://climbingworks.com/privacy-notice).

**Our Responsibilities** - The rules of the climbing centre set out below are not intended to limit your enjoyment of the facilities. They are part of the Duty of Care that we, as operators, owe to you, the customer, by law. As such they are not negotiable and if you are not prepared to abide by them then the staff must politely ask you to leave.

**Your Responsibilities** - You must act responsibly and politely towards the other users of the centre. Good practice guidance is posted around the centre adjacent to the relevant facilities. These describe the accepted methods of use and how customers would normally be expected to behave towards each other.

**Unsupervised Climbing** - Before you climb without supervision the centre expects you to understand, and be able to describe the dangers involved with bouldering and accept the risks involved. You are required to register as an **Unsupervised Climber** to say that you are prepared to comply by the Rules below and that you understand the risks involved in your participation. Anyone who has not registered as an **Unsupervised Climber** is classed as a **Novice** and must not climb or enter matted areas without supervision.

Unsupervised climbing is just that; staff will provide whatever help and advice they can, but instruction in climbing techniques will only be provided where it has been booked and paid for in advance. If you are not confident in the use of any facility or technique then do not attempt to use it without the supervision of someone who is competent to do so.

**Supervised Climbing** - An adult (over 18) registered as an **Unsupervised Climber** ("**Adult Climber**") or may supervise up to two **Adult** or **Under 18 Novices** (or one **Under 5 Novice** at peak times), as long as they are prepared to take full responsibility for the safety and behaviour of those Novices.

An adult (over 18) registered as a **Mini Works Supervisor** ("**Adult Supervisor**") may supervise up to two **Under 18 Novices** (or one **Under 5 Novice** at peak times) in the Mini Works only as long as they are prepared to take full responsibility for the safety and behaviour of those **Under 18 Novices**. They are unable to supervise **Adult Novices**.

Groups of three or more **Novices** must only be supervised by an instructor holding relevant Mountain Training qualifications.

**Children** - All children (under 18s) in the centre are considered to be **Novices** and must be closely supervised by a registered **Adult Climber** or **Adult Supervisor** at all times, with the exception of 14 to 17 year olds who have been assessed by our staff and registered as an **Unsupervised Climber** ("**Junior Climber**"). Please advise a member of staff if you feel that children are not being supervised appropriately.

**Staff** - Our staff are here to ensure you have a safe and positive experience. Abusive behaviour towards staff will not be tolerated.

**Personal Property** - The wall accepts no responsibility for any loss of or damage to customer's personal property whether they are in lockers or not. Customers are advised that they use the bike racks and car park at their own risk.

## Rules

### General Safety

#### You Must:

- Report to reception on each visit before you climb.
- You must exercise care, common sense, self-preservation and respect to others at all times.
- Report any problems with the walls, holds, equipment or other climbers' behaviour to a member of staff immediately.
- Be aware of the other climbers around you and how your actions will affect them.
- Not distract people while they are climbing.

### Bouldering

- Always climb within your capabilities and descend by down climbing whenever possible. A fall, or jumping off, may result in an injury to you, or another climber.
- Never climb directly above or below another climber.
- Don't sit or stand under the wall when people are bouldering.
- Problems finish on the last obvious hold. DO NOT grab or touch the top of the wall, or any girders, metalwork or lights.
- Don't boulder with hardware hanging on your clothes or chalk bag.
- Keep the mat free of objects and obstructions like bottles, bags, clothing, chalk bags, brushes, shoes etc. No food or drink on the mats.

### Gym & Training Equipment

The Climbing Works has a number of climbing specific training aids (such as campus boards) and gym equipment (such as free weights) located around the centre.

- This equipment is open to registered climbers over 18.
- Users must read and follow the guidance notes displayed in the training area prior to using any equipment.
- Equipment may not be removed from the training area.

## Unit E – Additional Conditions of Use

### Unit E is not permanently staffed

- Sign in at the Main Reception of The Climbing Works before heading over there.
- In the event of injury or any issues with equipment or other users please notify staff at Main Reception.
- There is a clearly marked "panic button" located inside the entrance which links to main reception (for emergency use only).
- CCTV is in operation for the purpose of monitoring usage, entry & any incidents.
  - There is a live feed to reception & the office, and footage is stored for 7 days in case review is required.

### Competition style boulder problems

Most of the climbing in Unit E is more challenging than that found in the main centre.

- Be aware of your abilities and that uncontrolled falls may lead to a greater risk of injury.
- Like the Competition Wall descent by climbing down is likely to be more challenging due to the absence of easier circuits – bear this in mind before climbing all the way to the top.

### Unit E Gym Equipment

There is a wider array of gym equipment available in the fitness suite than in the main centre including Olympic bars and weight plates.

- The gym area is for adults only, apart from for specific pre-arranged use
- Only use equipment that you are familiar with and confident using
- If you are trying hard then get someone you trust to spot you
- Be considerate to other users:
  - Give each other space to work
  - Return the equipment when you're finished

### Under 18s

Experienced 14 - 17 year olds registered as **Junior Unsupervised Climbers** and have signed the **Unit E- Consent Form** may use the bouldering area only (but not the gym) with the consent of their parent or legal guardian:

- They must sign in to use Unit E specifically at the same time as one or more other **Junior** or **Adult Unsupervised Climbers**, and may only stay over there for as long as the other climber(s) they signed in with stay in the Unit E bouldering area. Should other climbers leave such that the Junior Unsupervised Climber would be left alone, they should return to climb in the Climbing Works or the Mini Works.
- This access is at our discretion so **Junior Unsupervised Climbers** who misuse the facilities or show poor etiquette to other users will be barred from Unit E.

Other Under 18s may only use Unit E if they are supervised by an **Adult Climber**; as part of our internal groups with our vetted coaches, or at select advertised times when the unit is staffed (e.g. special events).