

How to get the most from a circuit session at The Climbing Works

- Warm up on an easy circuit first
- Be considerate and take a brush around with you to clean your chalk from the holds when you have finished a problem – whatever the grade of the circuit you're trying! Brushes are available in our shop.
- Climb the circuits in number order – this is how they are designed to be climbed
- Be very careful when climbing in the arches. Make sure those climbing around you ensure that other climbers don't wander underneath you when you are climbing.
- When you finish a problem, climb back down to the floor if you can – it will save wear and tear on your knees. Obviously, this isn't always possible, but it's a good habit to get into!
- All problems finish on the top hold. **DO NOT GRAB THE TOP OF THE WALL.** This area is out of bounds on all problems, and is not a climbing surface.
- When you have completed a circuit a few times and are familiar with the problems, try and see if you can complete it in under an hour!

CLIMBING WORKS CIRCUIT GUIDE.

There are currently 10 circuits of c.40 problems. All the problems in a circuit are within the indicated grade range.

Nearly all problems use the holds plus all other volumes, arêtes etc. Some problems have specific rules, they are described in the topo.

All problems on the circuits finish on the obvious last hold, do not grab the top of the wall

Symbols

☺ is for you to tick it when you have done it

- means the problem is mid range

↓ means the problem is low in the grade range

↑ means the problem is high in the grade range.

30 extra problems are on the Berghaus Competition wall – grades for these problems can be found on the grade card on the mats under this wall

Colour:.....YELLOW Range: 7a to 7c Setters: Ian Vickers and Percy
Starts: Left hand end of Clinic wall
Common Rules:Salmon holds plus all volumes and arêtes.

No	Diff	😊	Rules	No	Diff	😊	Rules
1	-			21	↓		
2	↓			22	↓		
3	↓			23	-		
4	-			24	↑		
5	↑			25	↓		
6	↑			26	↓		
7	↓			27	↑		
8	-			28	-		No ledge at top of groove
9	↓			29	↑		
10	↑			30	-		
11	-			31	↓		
12	↓			32	-		
13	-			33	↑		
14	↓			34	-		
15	-			35	↓		
16	-			36	↑		
17	-			37	-		
18	↓			38	-		
19	-			39	-		
20	↓			40	↑		

				41	↓		
--	--	--	--	----	---	--	--

Colour: Orange Setters:...Percy and Sam
Range:.....6c-7a+.....Where Starts:....Left hand side clinic wall
 Common Rules: Orange holds plus volumes and aretes

No	Diff	☺	Rules	No	Diff	☺	Rules
1	-			22	-		
2	↓			23	↑		
3	↓			24	↑		
4	-			25	-		
5	↑			26	-		
6	-			27	↑		
7	↑			28	↑		
8	↑			29	-		
9	↓			30	-		
10	↓			31	↑		
11	-			32	↑		
12	-			33	↓		
13	↓			34	↑		
14	-			35	-		
15	↓			36	↑		
16	↑			37	↑		
17	↑						
18	-						
19	-						
20	-						
21			NO LEFT ARETE!				

Colour:....PURPLESetters:.....Neil Mawson & Percy
Range:.....Font 6b to 7a... Starts:... Right hand end of Clinic wall
 Common Rules: Purple holds + all volumes, arêtes etc

No	Diff	☺	Rules	No	Diff	☺	Rules
1				21			
2	↑			22	↓		
3	↑			23	↓		
4				24			
5				25			
6	↓			26			
7				27			
8				28			
9	↑			29	↑		
10				30	↑		
11			Jump Start	31	↑		
12				32	↓		
13				33			
14				34			
15	↑			35			
16				36	↑		
17				37			
18				38	↓		
19				39			
20	↓			40			

Colour: BLACK Setters: Percy and Smacks
Range: Font 5 to 6a+ Starts: Cotswold Pillar
Common Rules: Black holds + all volumes, arêtes etc.

No	Diff	☺	Rules	No	Diff	☺	Rules
1	↓			21	--		
2	--		Sit Start	22	↓		
3	--		Sit Start	23	--		
4	↑			24	--		
5	--			25	↓		
6	↑			26	--		
7	--			27	--		
8	--			28	--		
9	--			29	--		
10	↓		Sit Start	30	↑		Sit Start
11	--			31	↑		
12	--			32	--		
13	↑			33	--		
14	--			34	↓		
15	↑			35	--		
16	--			36	--		
17	--						
18	--						
19	--						
20	↓						

Colour: Green and Pink Spots Setters: Percy **Range: 4+ - 6b.....**
Starts: Cotswold wall left of slab
Common Rules: Green spot holds + all volumes, arêtes etc. It is possible to climb the whole circuit without touching the ground! F7b+

No	Diff	☺	Rules	No	Diff	☺	Rules
1	-			20	-		
2	↓			21	↑		
3	-			22	↑		
4	-			23	-		
5	↑			24	↑		
6	↑						
7	-						
8	↑						
9	-						
10	-						
11	↓						
12	-						
13	-						
14	-						
15	-						
16	-						
17	↓						
18	↑						
19	-						

Colour.....BROWN.....Setter:....Percy **Range:.....Font 5+ to 6b**

Starts:. Left hand side of CLINIC wall

Common Rules: Brown holds, arêtes, volumes, the lot!

No	Diff	😊	Rules	No	Diff	😊	Rules
1	↓			21	↑		
2	-			22	↑		
3	↓			23	-		
4	↑			24	-		
5	-			25	-		
6	-			26	-		
7	↑			27	↓		
8	-			28	-		
9	-			29	↓		
10	↓			30	-		
11	-			31	-		
12	↑			32	↑		
13	-			33	↑		
14	-			34	-		
15	-			35	↓		
16	↓			36	-		
17	-			37	-		
18	↑			38	↑↑		
19	-			39	↑		
20	-			40	-		

Colour:....BLUESetters: Ian Vickers & Percy

Range: Font 5 to 6a Starts:See In Colour pillar

Common Rules: BLUE holds + all volumes, arêtes etc

No	Diff	😊	Rules	No	Diff	😊	Rules
1	-			21	↑		
2	↓			22	-		
3	↓			23	↑		
4	-			24	↑		
5	-			25	↑		
6	↑			26	-		
7	-			27	-		
8	-			28	-		
9	↑			29	↓		
10	↑			30	↑		
11	↑			31	↓		
12	-			32	-		
13	-			33	↑		
14	↓			34	-		
15	-			35	↑		
16	↑			36	-		
17	-						
18	↑						
19	↑						
20	-						

Colour:.....Green Range: 3 – 4+ Setters: Sam
Starts; Cotswold Wall Opp Reception. Common Rules: Green holds plus all volumes and arêtes.

No	Diff	☺	Rules	No	Diff	☺	Rules
1	↓			21	-		
2	↓			22	↑		
3	↓			23	↑		
4	-			24	-		
5	↓			25	-		
6	-			26	-		
7	↓			27	↑		
8	-			28	-		
9	↓			29	-		
10	↓			30	-		
11	↓			31	-		
12	↑			32	-		
13	↓			33	↓		
14	↑			34	-		
15	-			35	-		
16	-			36	↓		
17	-			37	↓		
18	↓			38	-		
19	-			39	-		
20	-			40	-		

Colour: YELLOW & PURPLE SPOTTY Range: Font 4 to 6a
Setters: NEIL & SAM Starts: See in colour wall
Common Rules: Yellow spotty holds plus all volumes and arêtes

	Diff	☺	Rules	No	Diff	☺	Rules
1	↓			22	-		
2	↓			23	↓		
3	↓			24	-		
4	-			25	↓		
5	↓			26	-		
6	-			27	-		
7	↓		Sit Start	28	↓		
8	-			29	↓		
9	↓			30	↓		
10	↑			31	-		
11	-			32	↓		
12	-			33	↑		
13	-			34	↑		
14	↑			35	↑		
15	↑			36	↑		
16	-			37	-		
17	↓			38	-		
18	↓			39	-		
19	↓			40	-		
20	↓			41	-		
21	↑			42	↓		

Colour: Salmon Setters: ...Percy and Sam
Range:.....2- 3..... Where Starts: Middle of side of slab
 Common Rules: Salmon holds plus volumes and aretes

No	Diff	☺	Rules	No	Diff	☺	Rules
1	-						
2	-						
3	-						
4	-						
5	-						
6	-						
7	-						
8	-						
9	-						
10	-						
11	-						
12	-						
13	-						
14	-						
15	-						
16	-						
17	-						
18	-						
19	-						
20	-						