

## CONDITIONS OF USE OF THE CLIMBING WORKS, SHEFFIELD

**Risks - "The British Mountaineering Council recognises that climbing and mountaineering are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement."**

Although the climbing centre is an artificial environment the risks involved are **no less serious than when climbing outside** on a crag or mountain. There is an additional risk that bolt-on holds can spin or break. Loose or damaged holds must be reported to reception straight away.

The soft flooring under the bouldering walls is designed to provide a more comfortable landing for climbers falling or jumping from the bouldering wall. **THE SOFT FLOORING DOES NOT MAKE THE CLIMBING ANY SAFER.** Broken and sprained limbs are common on this type of climbing wall despite the soft landing. **Uncontrolled falls are likely to result in injuries to yourself or others.**

Climbing **beyond your capabilities** on any wall is likely to result in a **fall**. Any fall may result in an **injury** despite the safety systems in place to avoid it. You must make your **own assessment of the risks** whenever you climb.

**Our Duty of Care - The rules** of the climbing centre set out below **are not** intended to limit your enjoyment of the facilities. They **are** part of the **duty of care** that we, as operators, owe to you, the customer, by law. As such they are **not negotiable** and if you are not prepared to abide by them then the staff must politely ask you to leave.

**Your Duty of Care - You also have a duty of care** to act responsibly towards the other users of the centre.

Statements of 'Good Practice' are posted around the centre adjacent to the relevant facilities. These describe the accepted methods of use and how customers would normally be expected to behave towards each other.

**Unsupervised Climbing** - Before you climb without supervision the centre expects you to be able to describe the dangers involved with bouldering and accept the risks involved.

You are required to register to say that you are prepared to abide by the Rules below and that you understand the risks involved in your participation.

Anyone who has not registered is classed as a **novice** and **must not** climb without supervision.

**Unsupervised climbing is just that!** Staff will provide whatever help and advice they can, but instruction in the climbing techniques will only be provided where it has been booked and paid for in advance. If you are not **confident** in the use of any of the facility or technique then **do not** attempt to use it without the supervision of someone who is competent to do so.

**Supervised Climbing** - An adult who has registered at the centre may supervise up to **two** novice climbers as long as they are prepared to **take full responsibility for the safety of those people**. Groups of three or more novices must only be supervised by an instructor holding the relevant Mountain Leader Training qualification.

**Children** – All children in the centre must be supervised by an adult unless they have been assessed by the management and registered for unsupervised climbing.

## RULES

### General Safety

- Report to reception on each visit before you climb.
- You must exercise care, common sense and self preservation at all times.
- Report any problems with the walls, equipment or other climbers' behaviour to a member of staff immediately.
- Be aware of the other climbers around you and how your actions will affect them.
- Do not distract people while they are climbing.

### Bouldering

- Always climb within your capabilities and descend by down climbing, jumping or, at the very least, a controlled fall.

- Never climb directly above or below another climber.
- Don't sit or stand under the wall when people are bouldering.
- Problems finish on the last obvious hold. **DO NOT** grab or touch the top of the wall, or any girders, metalwork or lights.
- Don't boulder with hardware hanging on your clothes or chalk bag.
- Keep the mat free of objects and obstructions like bags, clothing, chalk bags, brushes, shoes etc. No food or drink on the mats.
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- THE SOFT MAT DOES NOT MAKE BOULDERING ANY SAFER**