

How to get the most from a circuit session at The Climbing Works

- Warm up on an easy circuit first
- Be considerate and take a brush around with you to clean your chalk from the holds when you have finished a problem – whatever the grade of the circuit you're trying! Brushes are available in our shop.
- Climb the circuits in number order – this is how they are designed to be climbed
- Be very careful when climbing in the arches. Make sure those climbing around you ensure that other climbers don't wander underneath you when you are climbing.
- When you finish a problem, climb back down to the floor if you can – it will save wear and tear on your knees. Obviously, this isn't always possible, but it's a good habit to get into!
- All problems finish on the top hold. **DO NOT GRAB THE TOP OF THE WALL.** This area is out of bounds on all problems, and is not a climbing surface.
- When you have completed a circuit a few times and are familiar with the problems, try and see if you can complete it in under an hour!

CLIMBING WORKS CIRCUIT GUIDE.

There are currently 10 circuits of c.40 problems. All the problems in a circuit are within the indicated grade range.

Nearly all problems use the holds plus all other volumes, arêtes etc. Some problems have specific rules, they are described in the topo.

After the refurbishment, some of the problems do not have numbers. These are highlighted in the topo. All of these circuits will be reset soon and will be renumbered.

Symbols

☺ is for you to tick it when you have done it

- means the problem is mid range

↓ means the problem is low in the grade range

↑ means the problem is high in the grade range.

25 extra problems are on the Berghaus Competition wall – grades for these problems can be found on the grade card on the mats under this wall

Colour: Yellow **Range:** 6c-7b+ **Setters:** Percy
Common Rules: If it's a feature, volume or yellow thing; pull on it!
Starts: Pillar left of slab

No	Diff	😊	Rules	No	Diff	😊	Rules
1	-			21	-		
2	↓		Use ledge on top of crystal to get finish hold	22	-		
3	↓			23	-		
4	-			24	↑		
5	-			25	↓		
6	↓			26	↑		
7	↓			27	↑		
8	↑			28	-		
9	-			29	-		
10	-			30	-		
11	-			31	↓		Sit start
12	↓			32	-		
13	↓			33	↑		Sit start
14	↓			34	-		
15	-		Jump!	35	↓		
16	-			36	↓		
17	↓			37	↓		
18	-			38	-		
19	↓						
20	-						

Colour: PURPLE & PINK spots **Setters:** Neil & Percy
Range: Font 6b to 7a **Starts:** Opposite reception
Common Rules: Purple holds + all volumes, arêtes etc

No	Diff	😊	Rules	No	Diff	😊	Rules
1	↓			21	↓		
2	-			22	-		
3	↑			23	↓		
4	-			24	-		
5	-			25	↓		
6	-			26	-		
7	↑			27	-		
8	-			28	-		
9	-			29	-		
10	-			30	-		
11	↓			31	-		
12	↓			32	↓		
13	↑			33	-		
14	↑			34	↓		
15	-			35	↑		
16	↑			36	-		
17	-			37	-		
18	-			38	-		
19	-			39	↑		
20	-			40	-		

Colour: Purple Range: 2 – 3 Setter: Sam
Starts: Right hand side of slab
Common Rules: Purple holds plus all volumes and arêtes.

No	Diff	😊	Rules	No	Diff	😊	Rules
1	-						
2	↓						
3	↓						
4	↓						
5	-						
6	↓						
7	↑						
8	↑						
9	-						
10	↑						
11	↑						
12	↑						
13	-						
14	-						
15	↓						

Colour: Green Range: 3 – 4+ Setters: Sam & Percy
Starts: Left hand side of Clinic wall. **Common Rules:** Green holds plus all volumes and arêtes.

No	Diff	😊	Rules	No	Diff	😊	Rules
1	-			21	-		
2	-			22	-		
3	↓			23	-		
4	-			24	-		
5	↑			25	-		
6	-			26	-		
7	-			27	↑		
8	-			28	-		
9	↑			29	-		
10	↓			30	-		
11	↓			31	-		
12	-			32	-		
13	-			33	-		
14	↑			34	↓		
15	↓			35	-		
16	↑			36	-		
17	↑			37	↑		
18	↓			38	-		
19	-			39	-		
20	-			40	-		

Colour: YELLOW & PURPLE SPOTTY Range: 4-6
Setters: Sam and Percy **Starts: Left hand side of Clinic wall**
Common Rules: Yellow spotty holds plus all volumes and arêtes

	Diff	☺	Rules	No	Diff	☺	Rules
1	↓			21	↓		
2	↓			22	↑		
3	↓			23	-		
4	-			24	↑		
5	↓			25	↑		
6	-			26	↑		
7	-			27	↑		
8	-			28	↓		
9	↑			29	-		
10	↓			30	↓		
11	↓			31	-		
12	↑			32	-		
13	↑			33	↓		
14	↓			34	-		
15	↓			35	-		
16	↓			36	↓		
17	-			37	-		
18	-			38	↑		
19	↓			39	↑		
20	↓			40	-		

Colour: Blue Range: Font 3-4 Setters: Sam
Common Rules: Use all arêtes, volumes, etc, etc!
Where Starts: Colour Wall – Right hand side of slab

No	Diff	☺	Rules	No	Diff	☺	Rules
1	↓			21	↑		
2	↓			22	↑		
3	-			23	-		
4	-			24	-		
5	-			25	-		
6	-			26	↑		
7	↑			27	-		
8	-			28	↑		
9	-			29	-		
10	-			30	↑		
11	-			31	-		
12	-			32	-		
13	↑			33	-		
14	-			34	-		
15	-			35	-		
16	-			36			
17	↑			37			
18	-			38			
19	↓			39			
20	↓			40			

Colour: Black **Setter:** Percy **Range:** Font 6a (ish!)
Starts: Left hand end of the Clinic Wall
Common Rules: All arêtes, volumes etc. are in, unless stated

No	Diff	☺	Rules	No	Diff	☺	Rules
1	↑			21	-		
2	-			22	↓		
3	-			23	-		
4	-			24	-		
5	↓			25	-		
6	↑			26	↑		No top ledge!
7	↓			27	-		
8	-			28	↑		
9	↑			29	↓		
10	-			30	-		
11	-			31	-		
12	↓			32	-		
13	-			33	-		
14	↓			34	-		
15	-			35	-		
16	-			36	-		
17	↓			37	↑		
18	-			38	-		
19	-			39	↑		
20	↑			40	↑		
				41	-		

Colour: Red **Setters:** sam **Range:** Font 6c to 7c
Starts: Left hand side of Clinic Wall
Common Rules: All arêtes, volumes etc. Are in, unless stated in the rules

No	Diff	☺	Rules	No	Diff	☺	Rules
1	-			21	↓		
2	↓		Start both hands on sloper	22	↓		
3	↓			23	-		
4	↑			24	-		
5	↑			25	↓		
6	-			26	-		
7	↑			27	↓		
8	↑			28	-		
9	-			29	↑		
10	-			30	-		
11	↓			31	↓		
12	↑			32	-		
13	-			33	-		
14	-			34	-		
15	↑			35	↓		
16	-			36	↓		
17	↓			37	↓		
18	↓			38	↓		
19	↓			39	↓		
20	↓			40	-		