

### How to get the most from a circuit session at The Climbing Works

- Warm up on an easy circuit first
- Be considerate and take a brush around with you to clean your chalk from the holds when you have finished a problem – whatever the grade of the circuit you're trying! Brushes are available in our shop.
- Climb the circuits in number order – this is how they are designed to be climbed
- Be very careful when climbing in the arches. Make sure those climbing around you ensure that other climbers don't wander underneath you when you are climbing.
- When you finish a problem, climb back down to the floor if you can – it will save wear and tear on your knees. Obviously, this isn't always possible, but it's a good habit to get into!
- All problems finish on the top hold. **DO NOT GRAB THE TOP OF THE WALL.** This area is out of bounds on all problems, and is not a climbing surface.
- When you have completed a circuit a few times and are familiar with the problems, try and see if you can complete it in under an hour!

### CLIMBING WORKS CIRCUIT GUIDE.

There are currently 10 circuits of c.40 problems. All the problems in a circuit are within the indicated grade range.

Nearly all problems use the holds plus all other volumes, arêtes etc. Some problems have specific rules, they are described in the topo.

#### Symbols

☺ is for you to tick it when you have done it

- means the problem is mid range

↓ means the problem is low in the grade range

↑ means the problem is high in the grade range.

25 extra problems are on the Berghaus Competition wall – grades for these problems can be found on the grade card on the mats under this wall

**Colour:** Yellow **Range:** 6c-7b+ **Setters:** Percy  
**Common Rules:** If it's a feature, volume or yellow thing; pull on it!  
**Starts:** Pillar left of slab

No	Diff	😊	Rules	No	Diff	😊	Rules
1	-			21	-		
2	↓		Use ledge on top of crystal to get finish hold	22	-		
3	↓			23	-		
4	-			24	↑		
5	-			25	↓		
6	↓			26	↑		
7	↓			27	↑		
8	↑			28	-		
9	-			29	-		
10	-			30	-		
11	-			31	↓		Sit start
12	↓			32	-		
13	↓			33	↑		Sit start
14	↓			34	-		
15	-		Jump!	35	↓		
16	-			36	↓		
17	↓			37	↓		
18	-			38	-		
19	↓						
20	-						

**Colour:** PURPLE & PINK spots **Setters:** Neil & Percy  
**Range:** Font 6b to 7a **Starts:** Opposite reception  
**Common Rules:** Purple holds + all volumes, arêtes etc

No	Diff	😊	Rules	No	Diff	😊	Rules
1	↑			21	↑		
2	↓			22	-		
3	-			23	-		
4	↓			24	-		
5	-			25	-		
6	-		The spotty holds left of the crack are OUT!	26	-		
7	-			27	↑		
8	↓			28	-		
9	-			29	-		
10	↑		Top of triangle in the corner is not in!	30	-		
11	↑			31	-		
12	↑			32	-		
13	-			33	-		
14	-			34	-		
15	-						
16	↓						
17	↓						
18	↑						
19	-						
20	-						





**Colour: YELLOW & PURPLE SPOTTY Range: 4-6**  
**Setters: Sam and Percy**      **Starts: Left hand side of Clinic wall**  
**Common Rules: Yellow spotty holds plus all volumes and arêtes**

	Diff	☺	Rules	No	Diff	☺	Rules
1	↓			21	↓		
2	↓			22	↑		
3	↓			23	-		
4	-			24	↑		
5	↓			25	↑		
6	-			26	↑		
7	-			27	↑		
8	-			28	↓		
9	↑			29	-		
10	↓			30	↓		
11	↓			31	-		
12	↑			32	-		
13	↑			33	↓		
14	↓			34	-		
15	↓			35	-		
16	↓			36	↓		
17	-			37	-		
18	-			38	↑		
19	↓			39	↑		
20	↓			40	-		

**Colour: Blue Range: Font 3-4 Setters: Sam**  
**Common Rules: Use all arêtes, volumes, etc, etc!**  
**Where Starts: Colour Wall – Right hand side of slab**

No	Diff	☺	Rules	No	Diff	☺	Rules
1	↓			21	↑		
2	↓			22	↑		
3	-			23	-		
4	-			24	-		
5	-			25	-		
6	-			26	↑		
7	↑			27	-		
8	-			28	↑		
9	-			29	-		
10	-			30	↑		
11	-			31	-		
12	-			32	-		
13	↑			33	-		
14	-			34	-		
15	-			35	-		
16	-			36			
17	↑			37			
18	-			38			
19	↓			39			
20	↓			40			

**Colour:** Black    **Setter:** Percy    **Range:** Font 6a (ish!)  
**Starts:** Left hand end of the Clinic Wall  
**Common Rules:** All arêtes, volumes etc. are in, unless stated

No	Diff	☺	Rules	No	Diff	☺	Rules
1	↑			21	-		
2	-			22	↓		
3	-			23	-		
4	-			24	-		
5	↓			25	-		
6	↑			26	↑		No top ledge!
7	↓			27	-		
8	-			28	↑		
9	↑			29	↓		
10	-			30	-		
11	-			31	-		
12	↓			32	-		
13	-			33	-		
14	↓			34	-		
15	-			35	-		
16	-			36	-		
17	↓			37	↑		
18	-			38	-		
19	-			39	↑		
20	↑			40	↑		
				41	-		

**Colour:** Red    **Setters:** sam    **Range:** Font 6c to 7c  
**Starts:** Left hand side of Clinic Wall  
**Common Rules:** All arêtes, volumes etc. Are in, unless stated in the rules

No	Diff	☺	Rules	No	Diff	☺	Rules
1	-			21	↓		
2	↓		Start both hands on sloper	22	↓		
3	↓			23	-		
4	↑			24	-		
5	↑			25	↓		
6	-			26	-		
7	↑			27	↓		
8	↑			28	-		
9	-			29	↑		
10	-			30	-		
11	↓			31	↓		
12	↑			32	-		
13	-			33	-		
14	-			34	-		
15	↑			35	↓		
16	-			36	↓		
17	↓			37	↓		
18	↓			38	↓		
19	↓			39	↓		
20	↓			40	-		